

*Unless a grain
falls to the ground and dies...*



Jesus knew He was going to die soon. It made Him sad, but He knew that He had to do it. He told the apostles, "Unless a grain of wheat falls into the earth and dies, it remains alone; but if it dies, it bears much fruit." Because Jesus died, we can be freed from our sins and live!

Have you ever tried planting seeds? The little seeds are hard and dry and seem to be dead. We put them into some damp soil, and cover them up. After a few days you can see little sprouts coming out of the soil, and soon there are little plants growing! Maybe your Mom or Dad can help you plant some seeds this spring.



Our Lord was telling His friends that He had to be like a seed. He would die and be buried, and then after a few days, come back to life! And like a plant that grows and produces more seed, the Church would grow from Jesus and bring other holy people, saints, into the world. Saints are people that are ready to give up their good things and even their lives for love of God, just like Jesus.



Plant a seed activity



In today's Gospel reading Jesus says, "Unless a grain of wheat falls to the ground and dies, it remains alone; but if it dies, it bears much fruit."

Can you find your way from this grain of wheat to the new seeds at the top?