

# Jesus heals us Mark 1:29-39

Below is an activity which reminds us that no matter how hurt we are, when we turn to Jesus, He will always heal us. His love for us is like a Band-Aid and no matter how bad you hurt, when you turn to Jesus, we are sure to be healed. The Bible is our first-aid kit!

You have 2 activities to choose from today.

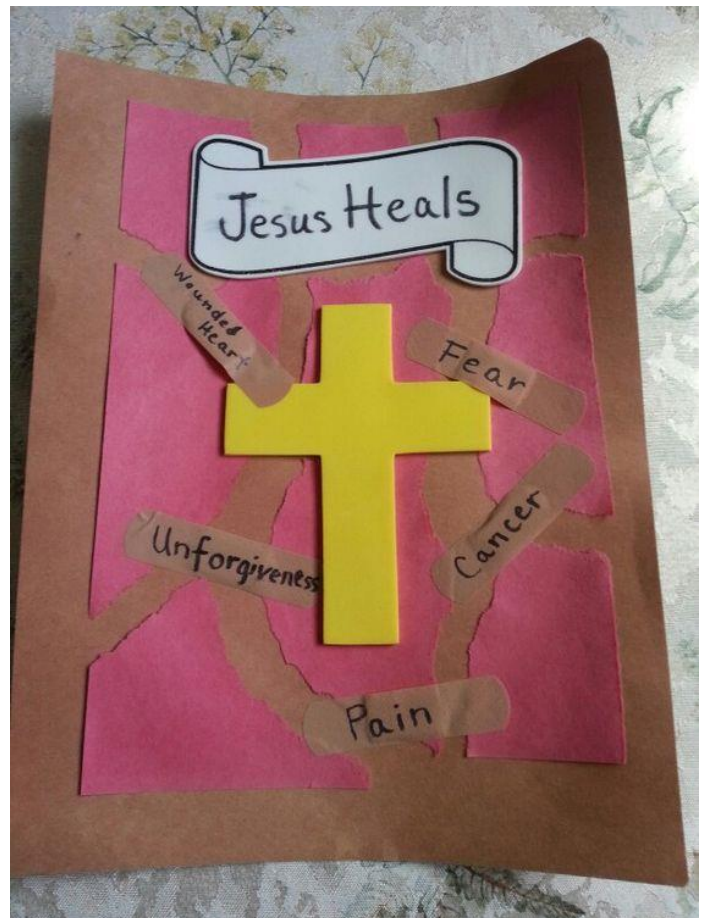
Activity 1:

For this activity you will need;

1. Glue
2. Some soft foam to make the cross
3. Paper of your choice
4. Colour Pens
5. Band-aids

Use a paper of your choice and rip it into broad bits as you see in the picture. Then stick it on a card sheet. Stick your cross made of foam. Now use you're a few Band-aids to join all the torn bits of paper while keeping the cross at the centre.

On the Band-aids you can write all things that cause pain that we would like to bring to Jesus.



## Activity 2 :

For this activity you will need;

1. Glue
2. Band-aids
3. Card paper of your choice
4. Colour Pens or pencils
5. A print out of the medical kit

Use any card paper of your choice to create a first aid box.

Remember to have band-aids!

Here is a verse for you to write:

"My comfort in my suffering is this:  
Your promise preserves my life" – Psalm 119:50

Remember:

Jesus heals our hurts!

The Bible is our First Aid Kit!!

